

# ALPIC 2019

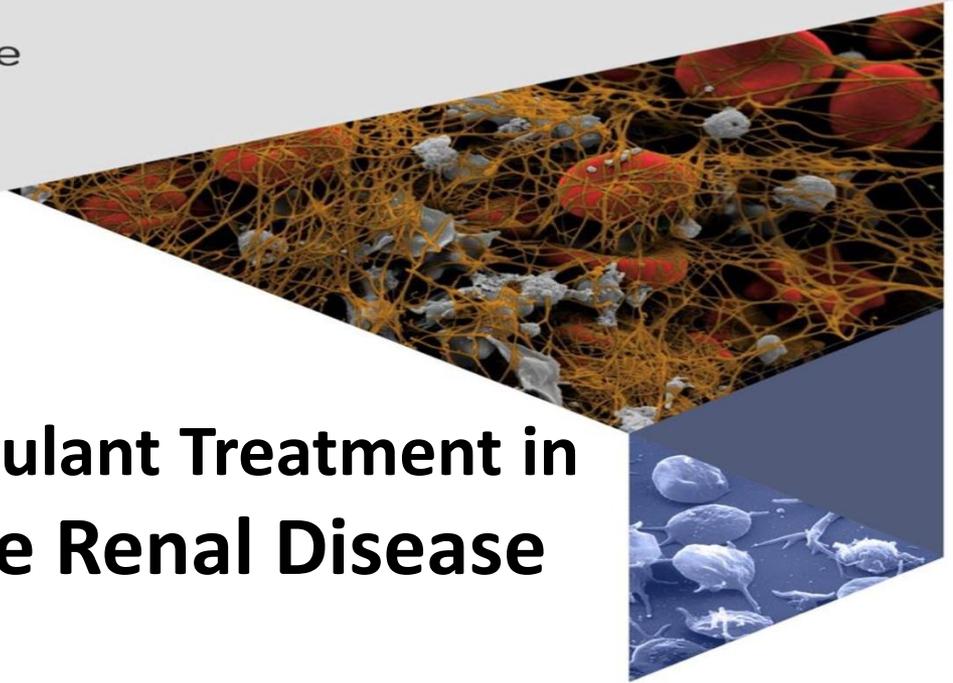
Advanced Learning on Platelets  
& Thrombosis International Course

**22-24/** March 2019  
Diasselo Conference Center  
**METSOVO - GREECE**

## How to Approach Anticoagulant Treatment in Patients with End Stage Renal Disease

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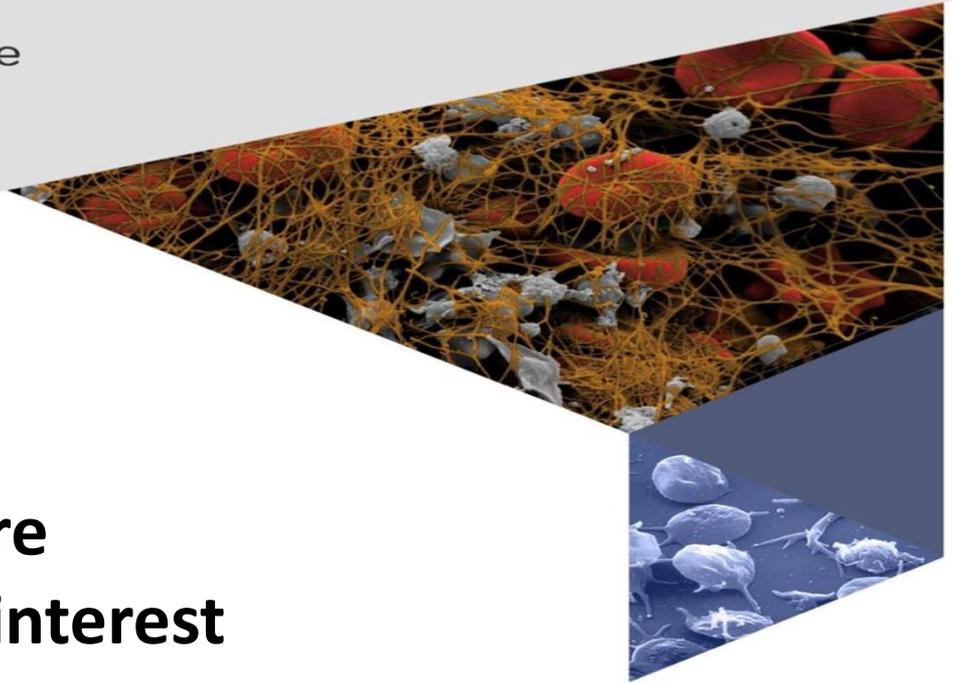


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**Disclosure**  
**No conflict of interest**



# Stages of Chronic Kidney Disease

Stage	Description	GFR (mL/min/1.73 m <sup>2</sup> )
1	Kidney damage with normal or GFR	≥ 90
2	Kidney damage with mild GFR	89-60
3A	Mild to moderate GFR	59-45
3B	Moderate GFR	45-30
4	Severe GFR	30-15
5	Kidney failure	< 15 or dialysis

**Chronic  
Kidney  
Disease**

**ESRD: End Stage Renal Disease**

# CKD and ESRD patients

## *Simultaneously Prothrombotic and Haemorrhagic*

- **Prothrombotic Risk**

- Prothrombotic changes in the vascular endothelium
- Increase in coagulation factors (fibrinogen, factor VIII and von Willebrand factor) as part of chronic inflammation
- Increase in antifibrinolytic proteins (plasminogen activator inhibitor)
- Hyperlipidaemia which predisposes patients to cardiovascular thrombosis
- Haemoconcentration with effects on blood rheology
- Changes in platelet membrane ⇒ proaggregatory

# CKD and ESRD patients

## *Simultaneously Prothrombotic and Haemorrhagic*

- **Haemorrhagic Risk**

- Platelet dysfunction

- Uremic toxins inhibit release of platelet factors
- Impaired GP IIb/IIIa receptor activation

- Anaemia which can impact on the interaction of platelets with the vessel wall

- Stress ulcers

- Need for frequent interventions

- Drugs (antiplatelets and frequent heparin exposure)

# Exacerbated Risk for Stroke and Bleeding in AF and ESRD Epidemiological Data

- Patients with ESRD requiring renal replacement therapy
  - **Double** the risk to experience stroke and thromboembolism compared to patients without renal dysfunction
  - Relative risk of intracerebral hemorrhage **>10-fold** higher

**TABLE 2 Epidemiological Insight Into Stroke Risk in Patients With AF and CKD**

First Author (Year) (Ref. #)	Study Type	N	Findings
Go et al. (2009) (55)	Retrospective	10,908 AF with CKD	Compared with GFR $\geq$ 60 ml/min/1.73 m <sup>2</sup> : eGFR: 45-59 ml/min; RR: 1.16 (95% CI: 0.95-1.40) eGFR <45 ml/min; RR: 1.39 (95% CI: 1.13-1.71) (p = 0.0082 for trend).
Friberg et al. (2012) (138)	Retrospective	182,678 AF patients (8,113 with CKD)	CKD stage 1 and below: multivariate HR: 1.11 (95% CI: 0.99-1.25)
Olesen et al. (2012) (56)	Retrospective	132,372 AF patients (3,587 with NDD CKD; 901 with ESRD)	Compared with GFR $\geq$ 90 ml/min/1.73 m <sup>2</sup> : NDD CKD HR: 1.49 (95% CI: 1.38-1.59) ESRD, HR: 1.83 (95% CI: 1.57-2.14)
Guo et al. (2013) (18)	Prospective	617 AF patients	Risk of stroke or death: HR: 2.90 (95% CI: 1.88-4.48) Risk of stroke in 6 months: Absolute decrease in eGFR $\geq$ 25 ml/min/1.73 m <sup>2</sup> : HR: 2.77 (95% CI: 1.26-6.09) Relative decrease in eGFR $\geq$ 25%: HR: 2.57 (95% CI: 1.14-5.80)
Roldán et al. (2013) (61)	Prospective	978 AF patients on VKA	Every decrease in eGFR of 30 ml/min/1.73 m <sup>2</sup> : HR: 1.42 (95% CI: 1.11-1.83)
Bonde et al. (2014) (57)	Retrospective	154,254 nonvalvular AF patients (148,598 with NRD; 4,519 with NDD; 1,142 receiving RRT)	Compared with GFR $\geq$ 60 ml/min/1.73 m <sup>2</sup> : NDD CKD, HR: 1.32 (95% CI: 1.23-1.42) RRT, HR: 2.01 (95% CI: 1.74-2.33)
Chao et al. (2014) (139)	Retrospective	10,999 AF patients with ESRD in Taiwan	11.7% of patients experienced ischemic stroke Absolute stroke and thromboembolism event rate: 6.9/100 patient-years
Banerjee et al. (2014) (140)	Prospective	8,962 AF patients (2,982 with CKD)	Compared with GFR $\geq$ 60 ml/min/1.73 m <sup>2</sup> : eGFR 30-59 ml/min HR: 1.53 (95% CI: 1.10-2.12) eGFR <30 ml/min HR: 1.78 (95% CI: 0.99-3.19)

CI = confidence interval; HR = hazard ratio; NDD = nondialysis-dependent; RR = relative risk; RRT = renal replacement therapy; other abbreviations as in Table 1.

# Pursuing “Net Clinical Benefit” with Anticoagulation in AF and ESRD

**Balance the risks of ischemic stroke and bleeding on oral anticoagulation**

- **CHA<sub>2</sub>DS<sub>2</sub>-VASc score** determines thromboembolic risk ( $\geq 2$  threshold for anticoagulation)
  - Score derived from non-renal patients
  - Moderate-severe renal impairment not included as a factor
  - May not be valid in ESRD
- **HAS-BLED score** to formally assess the bleeding risk and enable risk stratification
  - Abnormal renal function included in the score (? vs ESRD)
  - Correct potentially reversible risk factors for bleeding
  - ***ESRD is a non-modifiable factor for bleeding***

# Anticoagulation for AF in Dialysis Patients

## ANTICOAGULATION IS NOT UNIVERSALLY ACCEPTED

- 2005 Guidelines from Kidney Disease Improving Global Outcomes (KDIGO)
  - Do not recommend warfarin for primary prevention of stroke in ESRD and NVAF
  - Recommendation for warfarin for secondary prevention of stroke
- AHA 2014 Guidelines
  - CHAD<sub>2</sub>DS<sub>2</sub>-VASc score  $\geq 2$ : reasonable to consider anti-coagulation with warfarin (IIb)
- Canadian Cardiovascular Society 2014 Guidelines
  - Recommend not routinely anti-coagulating non-valvular AF in patients with eGFR  $< 30$  ml/min or on dialysis
- ESC 2016 Guidelines EHRA 2015 Consensus documents
  - Lack of data on VKAs and NOACs
  - They suggest the use of warfarin but with debatable benefit
  - NOACs not recommended for CrCl  $< 15$  ml/min

# Anticoagulation in Dialysis Patients

## *Available Randomized Data*

Randomized Trials assessing  
OAC in haemodialysis patients

0

Controlled trials of NOACs in  
patients with severe CKD  
(CrCl <25-30 ml/min)

0

# Oral Anticoagulation in CKD/ESRD: Vitamin K Antagonists

- Prescription of oral anticoagulants in patients with severe renal impairment varies
- UNCERTAINTY about the risks and benefits of VKA anticoagulation in this patient group

# AF pts with ESRD

- **Conflicting findings** from observational studies
- Equivocal results about efficacy and safety of VKAs
- **Potential harm** from VKA use in some studies
- Higher risk of hemorrhagic stroke than thromboembolic events
- **Good quality anticoagulation with TTR>70% is vital**

Lau et al.

*J Am Coll Cardiol*: 2016;

68: 1452-64

**TABLE 3 VKA Use and Stroke Rates in ESRD**

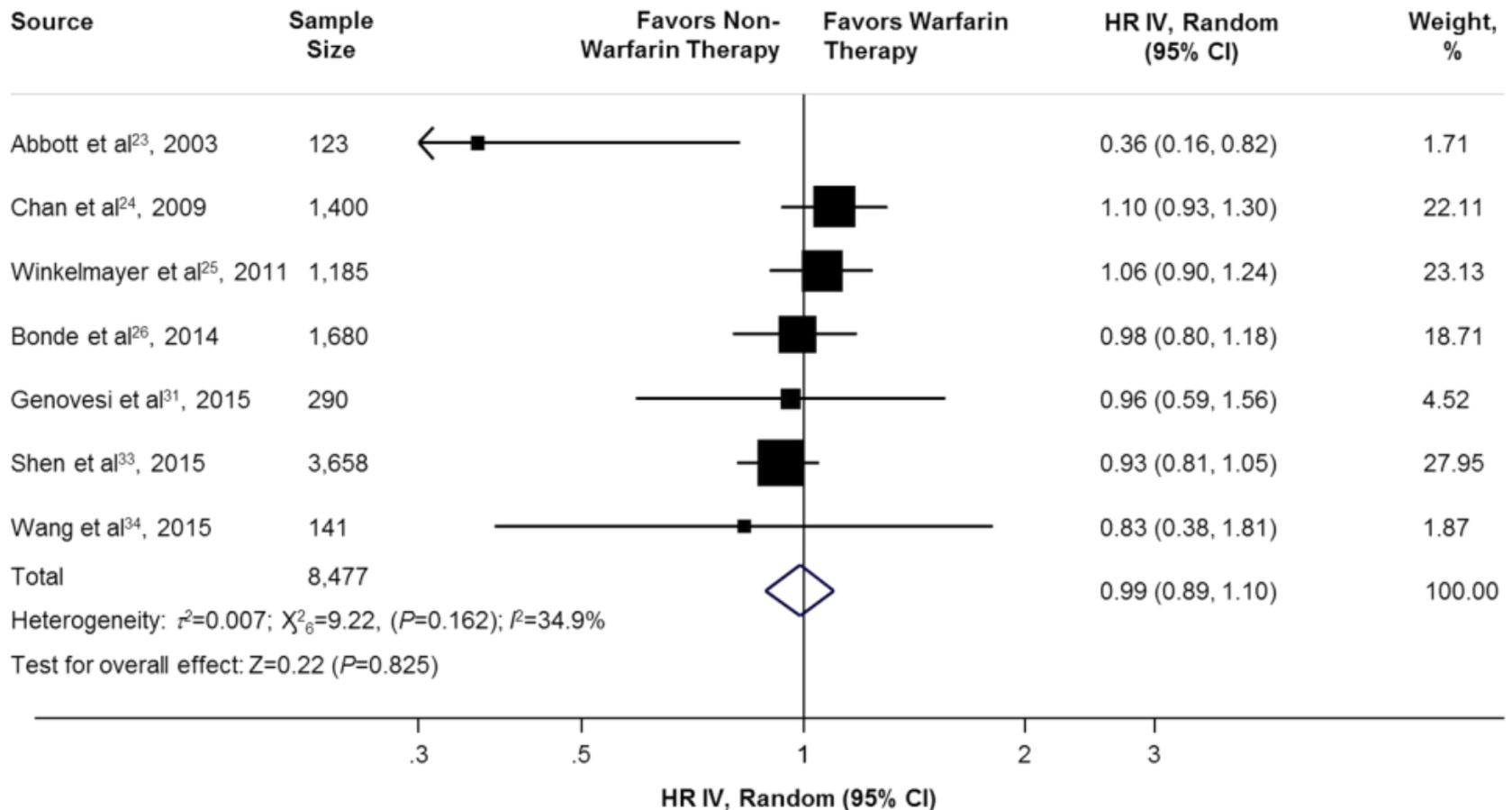
First Author (Year) (Ref. #)	Study Type	Number (% With AF)	Findings
Wiesholzer et al. (2001) (103)	Retrospective observational	430 (14.3%)	Stroke rate/100 patient-years: AF with VKA: 4.46 AF without VKA: 1.0
Abbott et al. (2003) (95)	Retrospective observational	3,374 (1.25%)	3-year survival rate: AF with VKA: 70% AF without VKA: 55%
Chan et al. (2009) (104)	Retrospective observational	48,825 (3.42%)	90-day HR: AF with VKA: 1.93 (95% CI: 1.29-2.90)*
Wizemann et al. (2010) (105)	Observational (DOPPS)	17,513 (12.5%)	Stroke rate in subjects >75 yrs of age: Warfarin user: 2.17 (95% CI: 1.04-4.53)
Phelan et al. (2011) (106)	Retrospective	845 requiring dialysis (141 on warfarin)	Stroke rate/100 patient-years: VKA user: 1.7 vs. non-VKA user: 0.7 (p = 0.636) Major hemorrhage rate/100 patient-years: VKA user: 10.8 vs. non-VKA user: 8.0 (p = 0.593)
Winkelmayer et al. (2011) (107)	Retrospective observational	2,313 ESRD patients with new AF	HR for ischemic stroke: VKA user 0.92 (95% CI: 0.61-1.37) HR for hemorrhagic stroke: VKA user 2.38 (95% CI: 1.15-4.96)
Olesen et al. (2012) (56)	Subgroup analysis	901 patients with AF requiring dialysis	HR compared with no antithrombotic agent, dialysis-dependent patients: VKA: 0.44 (95% CI: 0.69-1.01)
Knoll et al. (2012) (100)	Prospective	235 patients on dialysis (19.6% on VKA)	No stroke or bleed experienced HR for mortality in VKA user: 0.80 (95% CI: 0.28-2.29)
Sood et al. (2013) (108)	Observational (DOPPS)	41,844 (9.71%)	Stroke rate/100 patient-years: VKA: 3.3 No VKA or antiplatelet: 2.1†
Bonde et al. (2014) (57)	Retrospective	154,254 nonvalvular AF patients (1,142 on RRT and 260 receiving VKA)	Stroke and thromboembolic risk in non-VKA users: HR: 1.82 (95% CI: 1.58-2.12)‡
Shah et al. (2014) (109)	Retrospective	1,626 patients with AF on RRT (756 VKA users)	HR for ischemic stroke comparing VKA vs. non-VKA users: 1.14 (95% CI: 0.78-1.67) HR for bleeding: 1.44 (95% CI: 1.13-1.85)
Chen et al. (2014) (102)	Retrospective	500 with AF and ESRD (250 receiving VKA)	Compared with control group (no VKA or antiplatelet agent): HR for ischemic stroke: 1.017 (95% CI: 0.673-1.537)
Wakasugi et al. (2014) (110)	Prospective	60 Japanese patients with AF requiring dialysis (28 VKA users)	Comparing VKA vs. non-VKA users HR for ischemic stroke: 3.36 (95% CI: 0.67-16.66)
Chan et al. (2015) (98)	Retrospective	271 patients with AF on peritoneal dialysis (70 on VKA)	Comparing VKA vs. aspirin users: HR for ischemic stroke: 0.16 (95% CI: 0.04-0.66) Comparing VKA vs. nonusers of antithrombotic agents: HR for ischemic stroke: 0.19 (95% CI: 0.06-0.65)
Findlay et al. (2015) (99)	Retrospective	1,382 patients with ESRD, of whom 293 with AF (118 on VKA; 175 without VKA)	Stroke rate: AF with VKA: 11.4% AF without VKA: 14.4%
Genovesi et al. (2015) (97)	Prospective	290 patients with AF requiring dialysis (134 on VKA at recruitment)	Comparing VKA vs. non-VKA users: HR for stroke/thromboembolic events: 0.12 (95% CI: 0.00-3.59)
Shen et al. (2015) (101)	Retrospective	12,284 patients on RRT (1,383 started on VKA)	Comparing VKA vs. non-VKA users: HR for ischemic stroke: 0.68 (95% CI: 0.47-0.99) HR for mortality: 0.84 (95% CI: 0.73-0.97)

\*AF with VKA covariate adjusted model: adjusted for CHADS<sub>2</sub> (congestive heart failure, hypertension, age ≥75 years, diabetes mellitus, prior stroke, transient ischemic attack [TIA], or thromboembolism) score, sex, race, Charlson comorbidity index, entry date, body mass index, facility standardized mortality ratio, cardiovascular drugs, dialysis adequacy, baseline laboratory values, heparin dosage, and heparin regimens. †VKAs users include patients with AF, thromboembolic disease, or central vascular catheter. ‡Adjusted for aspirin treatment and all risk factors included in CHA<sub>2</sub>DS<sub>2</sub>-VASC (congestive heart failure, hypertension, age ≥75 years, diabetes mellitus, prior stroke, transient ischemic attack [TIA], or thromboembolism, vascular disease [prior myocardial infarction, peripheral arterial disease or aortic plaque], age 65-74 years, sex category [female]) score.

DOPPS = Dialysis Outcomes and Practice Pattern Study; VKA = vitamin K antagonist; other abbreviations as in Tables 1 and 2.

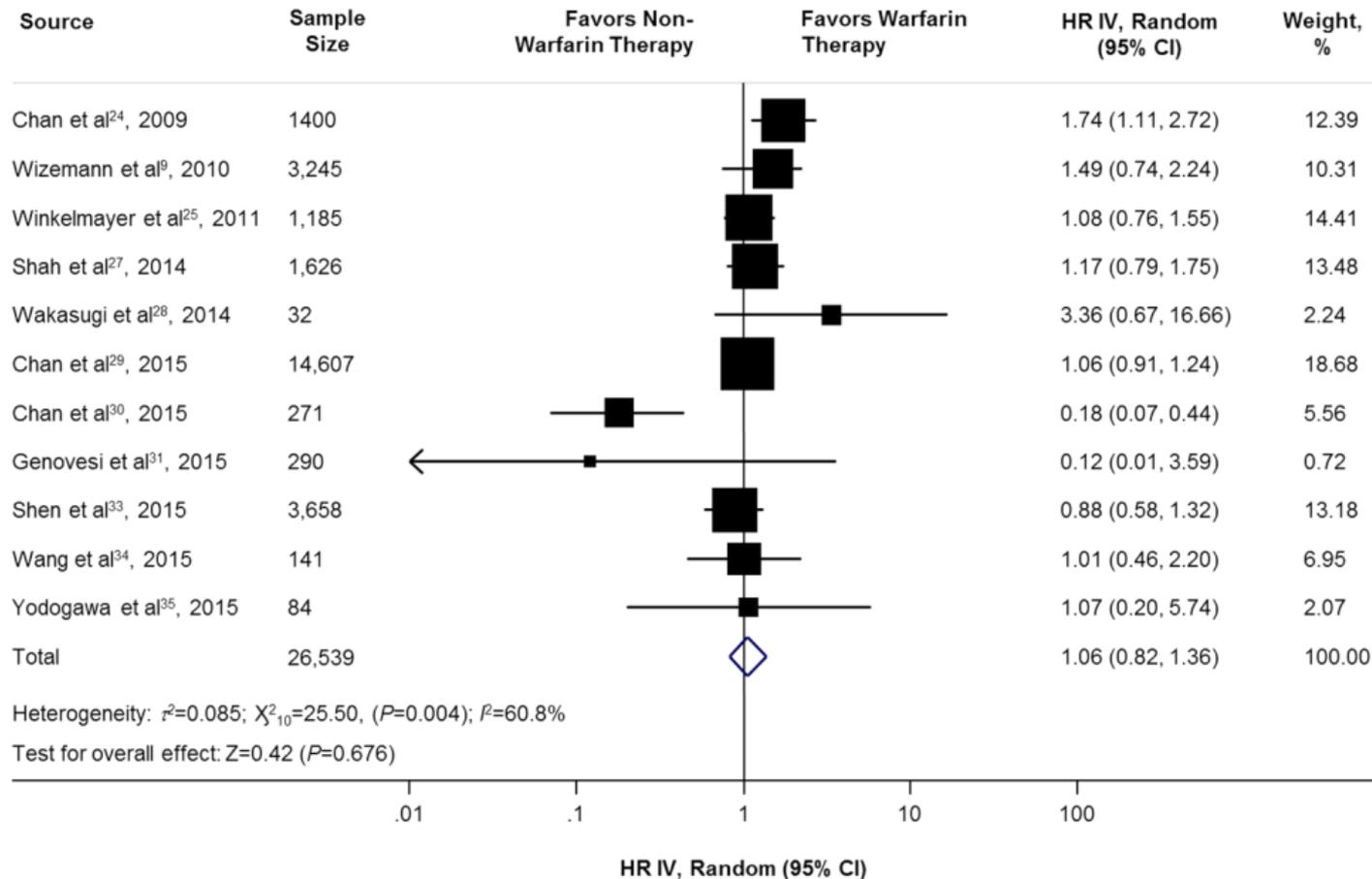
# openheart Efficacy and safety of warfarin in dialysis patients with atrial fibrillation: a systematic review and meta-analysis

## MORTALITY



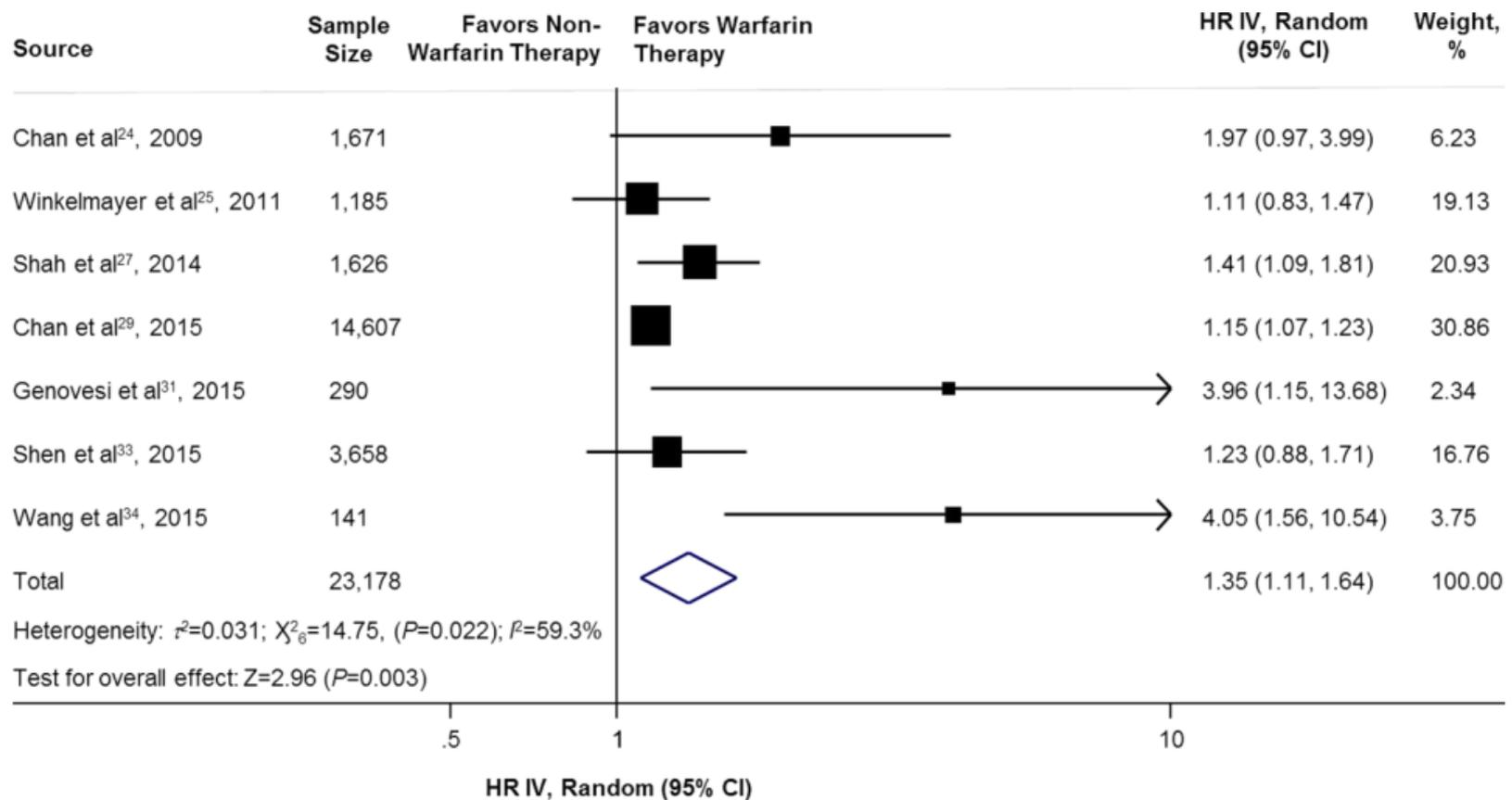
# openheart Efficacy and safety of warfarin in dialysis patients with atrial fibrillation: a systematic review and meta-analysis

## STROKE/THROMBOEMBOLISM



# openheart Efficacy and safety of warfarin in dialysis patients with atrial fibrillation: a systematic review and meta-analysis

## INCREASED BLEEDING WITH WARFARIN

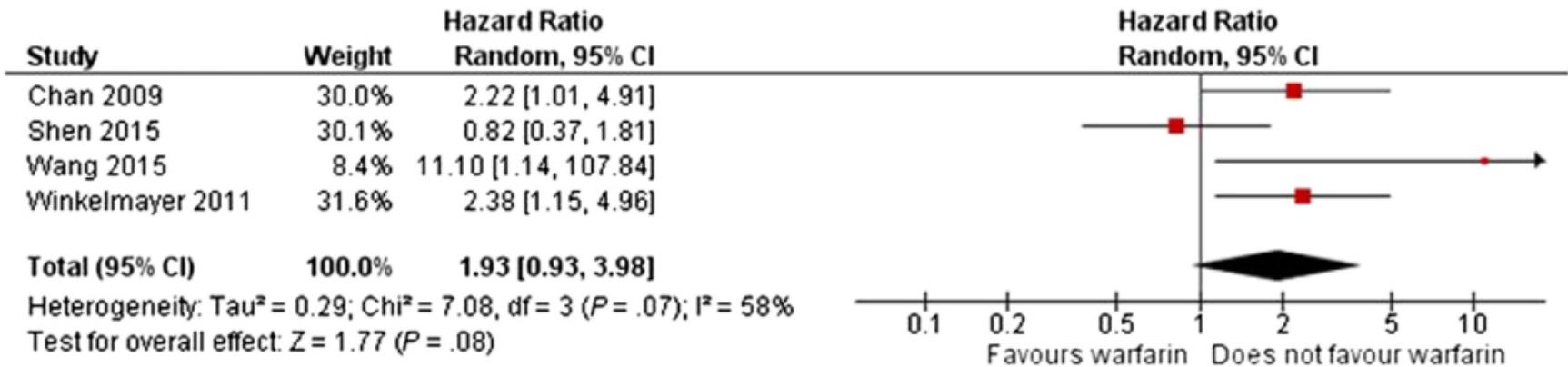


# Vitamin K antagonists for stroke prevention in hemodialysis patients with atrial fibrillation: A systematic review and meta-analysis



Hans Van Der Meersch, MD,<sup>a</sup> Dirk De Bacquer, PhD,<sup>b</sup> and An S. De Vriese, MD, PhD<sup>a</sup> *Brugge and Ghent University, Belgium*

## INCREASED INTRACRANIAL BLEEDING WITH WARFARIN



Warfarin use and the risk of intracranial bleeding in hemodialysis patients with AF.

# Oral Anticoagulation in CKD: NOACs

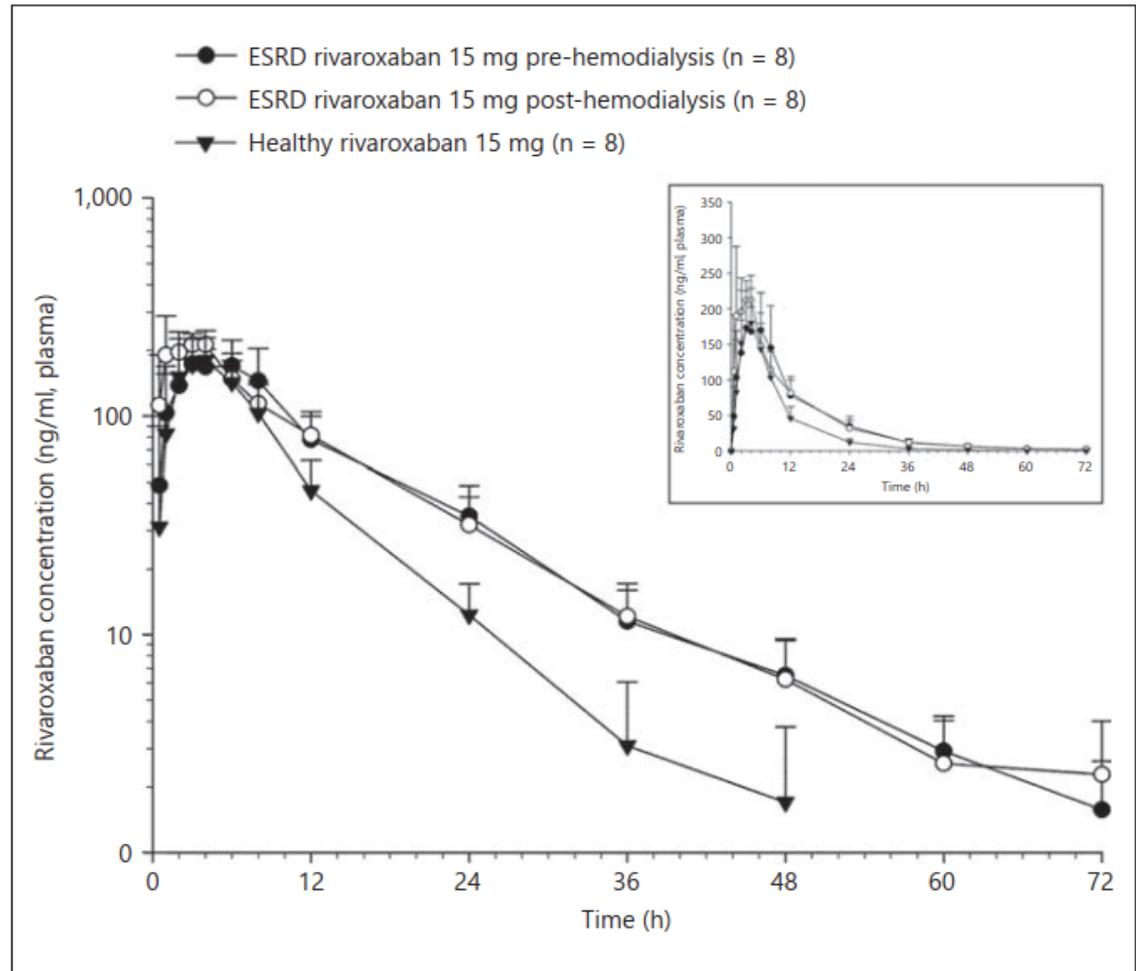
- NOACs: non-inferior (sometimes superior) efficacy/safety to VKA
- All NOACs have a degree of renal excretion
- Severe CKD and ESRD patients not included in pivotal RCTs

**Table 5** Main PK characteristics for oral anticoagulants and dosing recommendations, according to regulatory approvals (modified from refs<sup>79,80</sup>)

	Warfarin	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Fraction renally excreted of absorbed dose		80%	27%	50%	35%
Bioavailability	95–100%	3–7%	50%	62%	66% without food Almost 100% with food
Fraction renally excreted of administered dose		4%	14%	37%	33%
Approved for CrCl		≥ 30 mL/min	≥ 15 mL/min	≥ 15 mL/min	≥ 15 mL/min
Dosing recommendation	CrCl ≥ 30 mL/min: no adjustment	CrCl ≥ 50 mL/min: no adjustment (i.e. 150 mg b.i.d.)	Serum creatinine ≥ 1.5 mg/dL: no adjustment (i.e. 5 mg b.i.d.)	60 mg daily for CrCl 50–95 mL/min, 30 mg daily for CrCl 15–50 mL/min, weight ≤ 60 kg; not recommended for CrCl > 95 mL/min	CrCl ≥ 50 mL/min: no adjustment (i.e. 20 mg qd)
Dosing if CKD	When CrCl < 30 mL/min: use lower doses and monitor closely	When CrCl 30–49 mL/min, 150 mg b.i.d. is possible (SmPC) but 110 mg b.i.d. is recommended if high risk of bleeding <sup>79</sup>	CrCl 15–29 mL/min: 2.5 mg b.i.d. Serum creatinine ≥ 1.5 mg/dL in combination with age of ≥ 80 years or weight ≤ 60 kg. (SmPC) or with other factors that increase bleeding risk (e.g. diltiazem): 2.5 mg b.i.d.	60 mg daily for CrCl 50–95 mL/min, 30 mg daily for CrCl 15–50 mL/min, weight ≤ 60 kg; not recommended for CrCl > 95 mL/min	15 mg q.d. when CrCl 15–49 mL/min

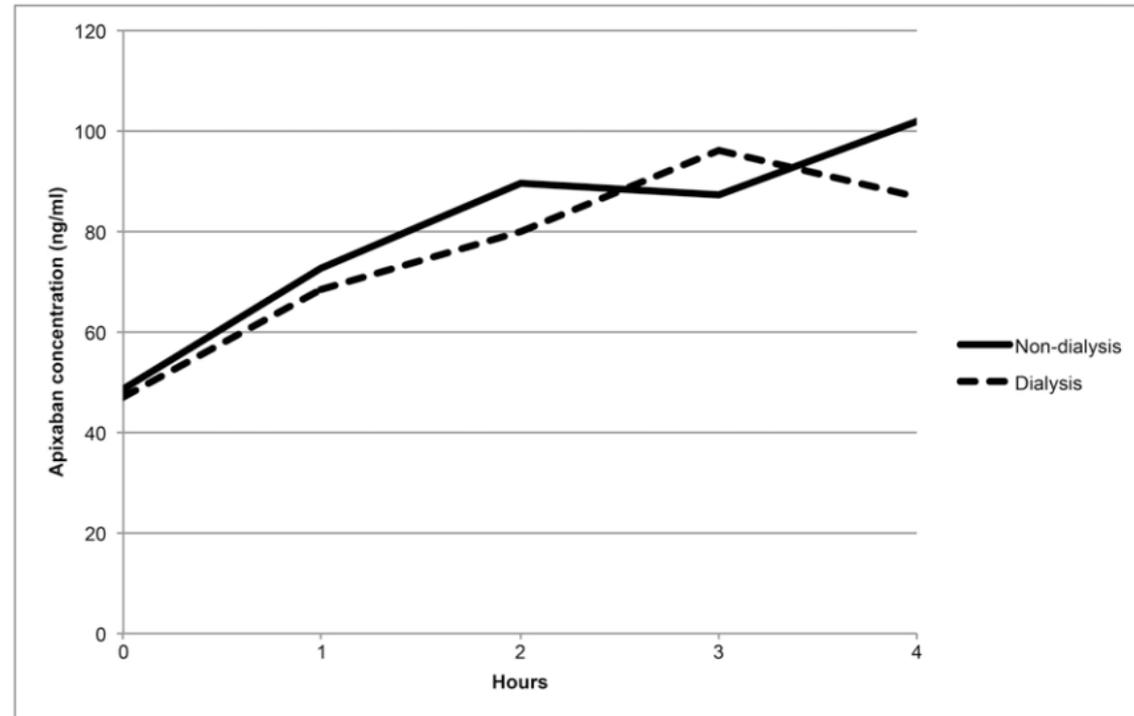
# ESRD on Dialysis: Rivaroxaban Pharmacokinetics

- Dialysis has a minimal impact on the pharmacokinetics of rivaroxaban
- Bioavailability of rivaroxaban is similar between ESRD subjects and healthy volunteers
- The changes in PK and PD parameters were generally comparable to those observed in patients with moderate-to-severe renal impairment who were not undergoing dialysis



# ESRD on Dialysis: Apixaban Pharmacokinetics

- Minimal effect of Dialysis on Apixaban PK
- Apixaban 2.5-mg twice daily had similar PK indices in dialysis patients as 5 mg twice daily in patients with preserved renal function



# US FDA Approved Labels for NOACs in ESRD on Dialysis

Revised Approval based on very limited data from small (<n=10) pharmacokinetic studies in patients with ESRD on dialysis without clinical safety data

**Apixaban**  
**Package Insert for**  
**Atrial Fibrillation**  
**(Revised Oct 2017)**

*Patients with End-Stage Renal Disease on Dialysis*

Clinical efficacy and safety studies with ELIQUIS did not enroll patients with end-stage renal disease (ESRD) on dialysis. In patients with ESRD maintained on intermittent hemodialysis, administration of ELIQUIS at the usually recommended dose [see *Dosage and Administration (2.1)*] will result in concentrations of apixaban and pharmacodynamic activity similar to those observed in the ARISTOTLE study [see *Clinical Pharmacology (12.3)*]. It is not known whether these concentrations will lead to similar stroke reduction and bleeding risk in patients with ESRD on dialysis as was seen in ARISTOTLE.

**Rivaroxaban**  
**Package Insert for**  
**Atrial Fibrillation**  
**(Revised Feb 2018)**

*Patients with End-Stage Renal Disease on Dialysis*

Clinical efficacy and safety studies with XARELTO did not enroll patients with end-stage renal disease (ESRD) on dialysis. In patients with ESRD maintained on intermittent hemodialysis, administration of XARELTO 15 mg once daily will result in concentrations of rivaroxaban and pharmacodynamic activity similar to those observed in the ROCKET AF study [see *Clinical Pharmacology (12.2, 12.3)*]. It is not known whether these concentrations will lead to similar stroke reduction and bleeding risk in patients with ESRD on dialysis as was seen in ROCKET AF.

**These sentences open the door for clinicians to consider apixaban or rivaroxaban in patients with ESRD**

# Approved European Labels for NOACs in CKD

**Table 8** Approved European labels for NOACs and their dosing in CKD

	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Fraction renally excreted of absorbed dose	80%	27% <sup>52-55</sup>	50% <sup>36</sup>	35%
Bioavailability	3-7%	50%	62% <sup>51</sup>	66% without food Almost 100% with food
Fraction renally excreted of administered dose	4%	12-29% <sup>52-55</sup>	37% <sup>36</sup>	33%
Approved for CrCl ≥ ...	≥ 30 mL/min	≥ 15 mL/min	≥ 15 mL/min	≥ 15 mL/min
Dosing recommendation	CrCl ≥ 50 mL/min: no adjustment (i.e. 150 mg BID)	Serum creatinine ≥ 1.5 mg/dL: no adjustment (i.e. 5 mg BID) <sup>a</sup>	CrCl ≥ 50 mL/min: no adjustment (i.e. 60 mg OD) <sup>b</sup>	CrCl ≥ 50 mL/min: no adjustment (i.e. 20 mg OD)
Dosing if CKD	When CrCl 30-49 mL/min, 150 mg BID is possible (SmPC) but 110 mg BID should be considered (as per ESC guidelines) <sup>5</sup> Note: 75 mg BID approved in US only <sup>c</sup> : if CrCl 15-30 mL/min if CrCl 30-49 mL/min and other orange factor Table 6 (e.g. verapamil)	CrCl 15-29 mL/min: 2.5 mg BID If two-out-of-three: serum creatinine ≥ 1.5 mg/dL, age ≥ 80 years, weight ≤ 60 kg: 2.5 mg BID	30 mg OD when CrCl 15-49 mL/min	15 mg OD when CrCl 15-49 mL/min
Not recommended if	CrCl < 30 mL/min	CrCl < 15 mL/min	CrCl < 15 mL/min	CrCl < 15 mL/min

**Red:** contra-indicated/not recommended. **Orange:** reduce dose as per label. **Yellow:** consider dose reduction if two or more 'yellow' factors are present (see also Table 6). CKD, chronic kidney disease; CrCl, creatinine clearance; BID, twice a day; OD, once daily; SmPC, summary of product characteristics.

<sup>a</sup>The SmPC specifies dose reduction from 5 to 2.5 mg BID if two of three criteria are fulfilled: age ≥ 80 years, weight ≤ 60 kg, serum creatinine > 1.5 mg/dL.

<sup>b</sup>FDA provided a boxed warning that 'edoxaban should not be used in patients with CrCL > 95 mL/min'. EMA advised that 'edoxaban should only be used in patients with high CrCl after a careful evaluation of the individual thrombo-embolic and bleeding risk' because of a trend towards reduced benefit compared to VKA.

<sup>c</sup>No EMA indication. FDA recommendation based on PKs. Carefully weigh risks and benefits of this approach. Note that 75 mg capsules are not available on the European market for AF indication.

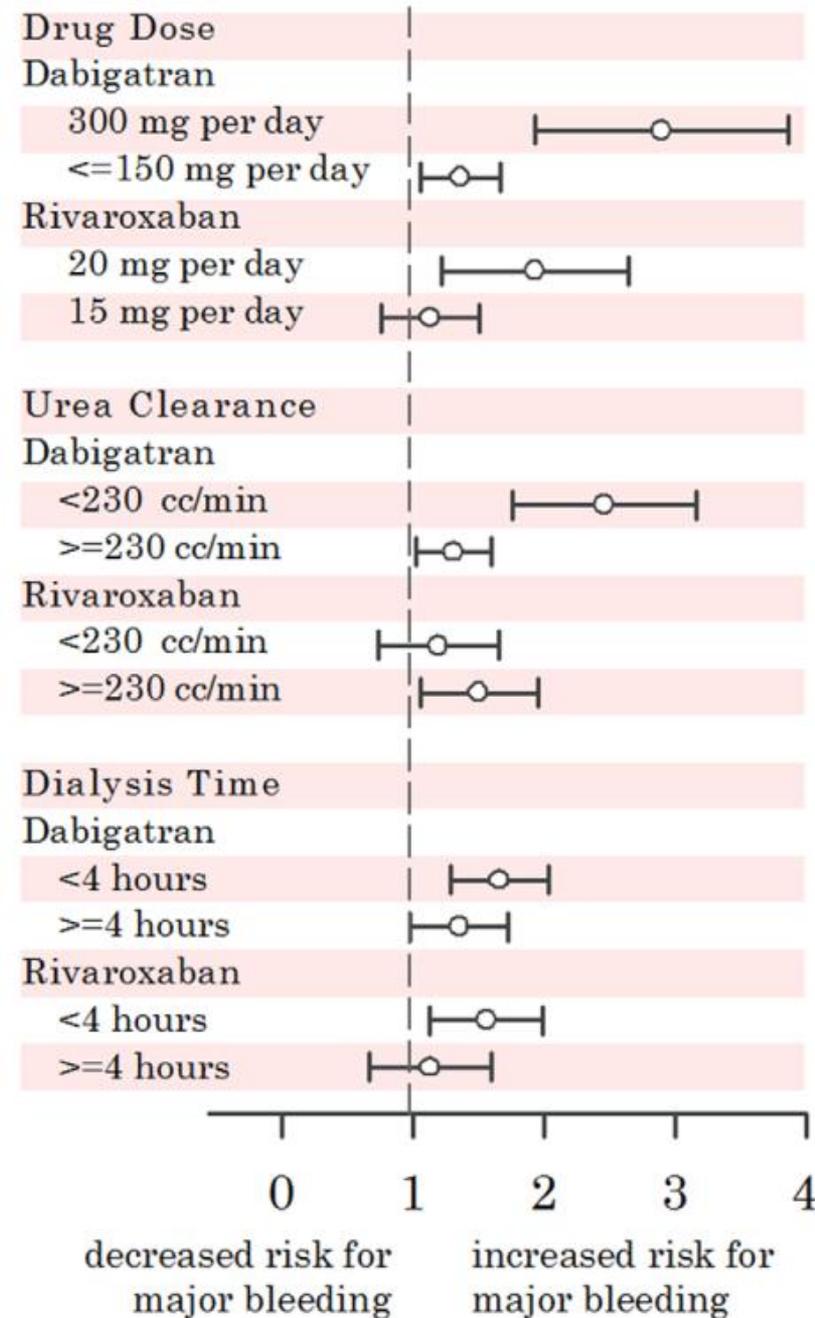
***Do we have any clinical experience  
with NOACs in ESRD ?***

# CLINICAL EXPERIENCE *Off-Label* Dabigatran and Rivaroxaban in AF and ESRD on Hemodialysis

- Fresenius Medical Care North America ESRD Database
- 8064 pts Warfarin, 281 pts Dabigatran, 244 pts Rivaroxaban

## Compared to Warfarin:

- Dabigatran and Rivaroxaban associated with **higher risk of hospitalization or death from bleeding**
- Differences in stroke and arterial embolism could not be assessed due to very low number of events

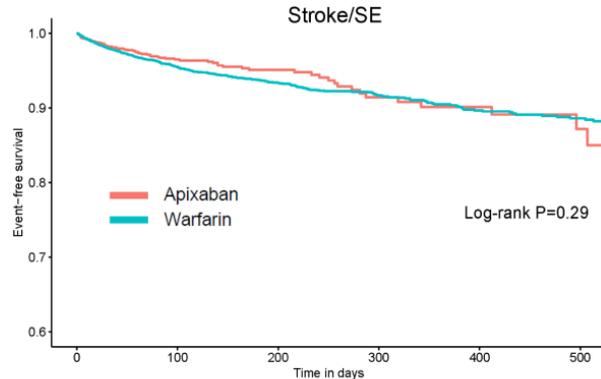


Compared to warfarin

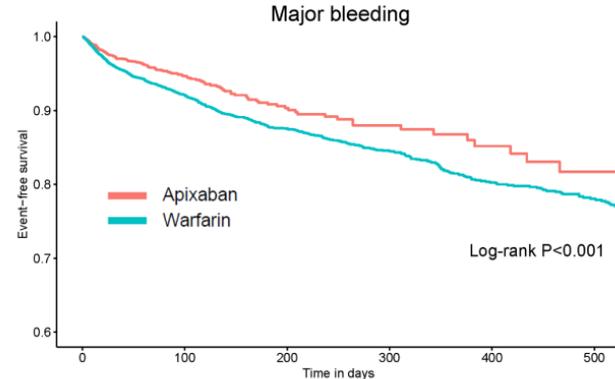
# Apixaban in Pts with ESRD on Dialysis and AF in the US

- Retrospective study of Medicare beneficiaries included in the US Renal Data System (Oct 2010 to Dec 2015) – AF & ESRD on dialysis

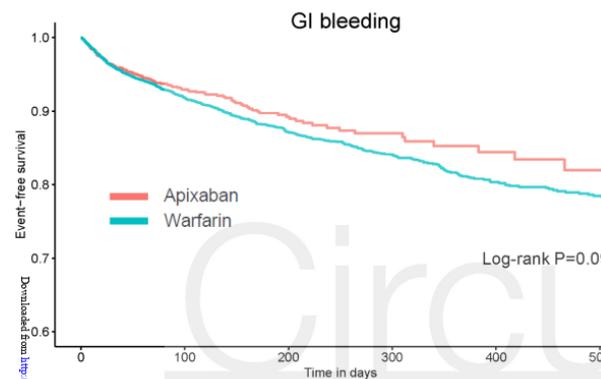
- Apixaban  
44%: 5 mg BD  
56%: 2.5 mg BD



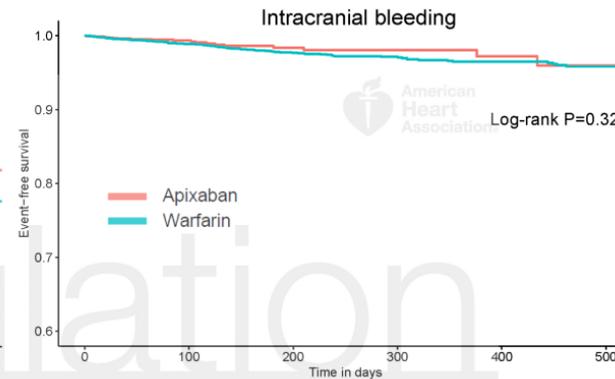
Number at risk	0	100	200	300	400	500
Apixaban	2351	763	343	169	95	43
Warfarin	7053	3229	1813	1132	715	485



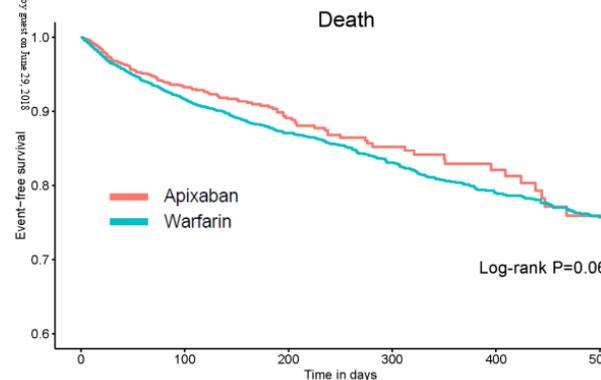
Number at risk	0	100	200	300	400	500
Apixaban	2351	768	340	171	96	43
Warfarin	7053	3172	1823	1118	720	479



Number at risk	0	100	200	300	400	500
Apixaban	2351	759	339	171	95	42
Warfarin	7053	3209	1743	1034	664	456



Number at risk	0	100	200	300	400	500
Apixaban	2350	781	354	177	99	45
Warfarin	7050	3298	1882	1148	723	484



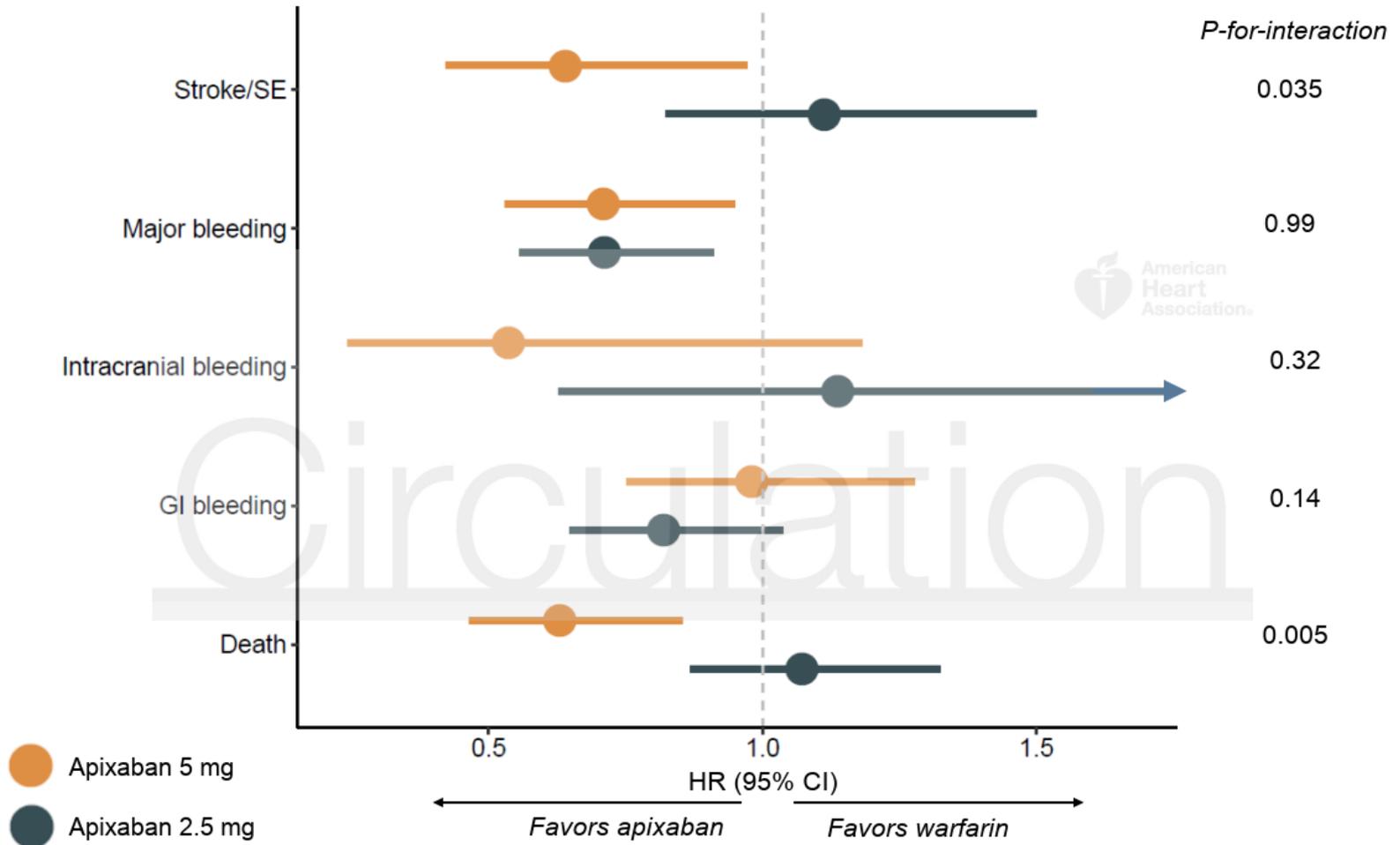
Number at risk	0	100	200	300	400	500
Apixaban	2350	784	356	178	101	46
Warfarin	7051	3246	1818	1127	726	492

**2351 patients on Apixaban vs  
23172 matched patients on  
Warfarin**

Siontis K et al. *Circulation* 2018;  
138:1519-1529

# Apixaban in Pts with ESRD and AF in the US

## Benefit with 5 mg vs 2.5 mg BD ?



# Anticoagulation according to CKD stage

## What Do We Know?

Indication for oral anticoagulation as stroke prevention in AF (if risk factor[s] present)

RCT(s) in the general population:  
Broad evidence that OAT reduces stroke risk

Cohort studies:  
Contradictory data and potentially more strokes in CKD stage G5 with OAT

Efficacy and safety of NOACs versus vitamin K antagonists (VKA)

RCT: NOACs noninferior (in some cases superior) to VKAs

RCT initiated  
Results not yet available in 2017  
Mind potential risk of accumulation of NOAC

Association between stroke risk and renal function in AF

Risk of stroke and systemic embolism

Association between bleeding risk and renal function in AF

Bleeding risk

Prevalence of atrial fibrillation

NKD  
CKD G1  
CKD G2

CKD G3a

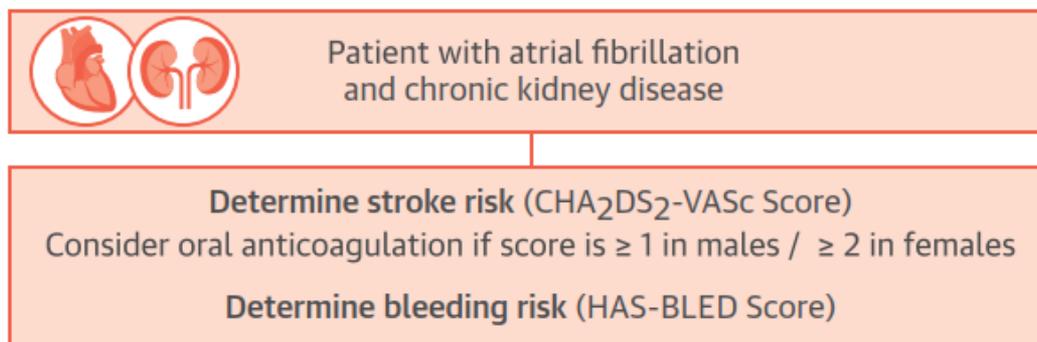
CKD G3b

CKD G4

CKD G5

***How we can we approach  
anticoagulation in a patient  
with AF and ESRD?***

**CENTRAL ILLUSTRATION** Proposed Algorithm for Oral Anticoagulant Choices in Patients With Atrial Fibrillation and Chronic Kidney Disease



Estimate creatinine clearance (CrCl) to determine appropriate oral anticoagulant (OAC)

OAC options:	CrCl < 15 ml/min or ESRD on RRT	CrCl 15-29 ml/min	CrCl 30-49 ml/min	CrCl ≥ 50 ml/min
Vitamin K antagonist	When time in therapeutic range >70%			
Apixaban	5 mg, b.i.d.*	2.5 mg, b.i.d.	5 mg, b.i.d. <sup>†</sup>	5 mg, b.i.d. <sup>†</sup>
Dabigatran	✘	75 mg, b.i.d. <sup>‡</sup>	150 or 110 mg, b.i.d. <sup>§</sup>	150 mg, b.i.d. <sup>  </sup>
Edoxaban	✘	30 mg, o.d.	30 mg, o.d.	60 mg, o.d. <sup>¶</sup>
Rivaroxaban	✘	15 mg, o.d.	15 mg, o.d.	20 mg, o.d.

Address bleeding risk factors, frequent follow up, and closely monitor renal function in NOAC users

# Pragmatic Considerations to Reduce Bleeding in ESRD Patients on Anticoagulation

- Minimize heparin with dialysis
- Use of citrate locks for dialysis catheters
- Consideration of prophylaxis for gastrointestinal bleeding when clinically indicated
- Tight blood pressure control
- Discontinuation of concurrent antiplatelet agents if clinically reasonable

# Reversal of Anticoagulation

- Vitamin K antagonists (VKAs)
  - Vitamin K and/or plasma
- NOACs
  - Factor concentrates for reversal (?)
  - Rivaroxaban and Apixaban
    - Andexanet alpha: FDA US approval in May 2018  
Reduction of anti-Xa activity by 92% (rivaroxaban) and 94% (apixaban)
  - Dabigatran
    - Idarucizumab

# LACK OF RANDOMIZED DATA

## Anticoagulation in ESRD

KDIGO= Kidney Disease: Improving Global Outcomes  
 Recommendations after KDIGO International Conference

**Table 2** Chronic kidney disease categories lacking randomized clinical trial data on the utility of anticoagulation<sup>4,63,64</sup>

eCrCl (mL/min) <sup>a</sup>	Warfarin	Apixaban <sup>b</sup>	Dabigatran	Edoxaban	Rivaroxaban
15–30	Adjusted dose for INR 2–3 could be considered	2.5 mg PO b.i.d. could be considered	Unknown (75 mg PO b.i.d.) <sup>c,d</sup>	30 mg QD <sup>e</sup> could be considered	15 mg QD could be considered
<15 not on dialysis	Equipoise based on observational data and meta-analysis	Unknown (2.5 mg PO b.i.d.) <sup>c</sup>	Not recommended	Not recommended	Unknown (15 mg QD) <sup>e</sup>
<15 on dialysis	Equipoise based on observational data and meta-analysis	Unknown (2.5 mg PO b.i.d.) <sup>c</sup>	Not recommended	Not recommended	Unknown (15 mg QD) <sup>e</sup>

INR, international normalized ratio.

Dosing of direct oral anticoagulants (DOACs) based solely on limited pharmacokinetic and pharmacodynamic data (no randomized efficacy or safety data exist).

<sup>a</sup>Cockcroft-Gault estimated creatinine clearance.

<sup>b</sup>Apixaban dose needs modification to 2.5 mg b.i.d. if patient has any two of the following: serum creatinine  $\geq 1.5$  mg/dL, age  $\geq 80$  years, or body weight  $\leq 60$  kg.

<sup>c</sup>DOAC doses listed in parenthesis are doses that do not currently have any clinical safety or efficacy data. The doses of DOACs apixaban 5 mg b.i.d.<sup>b</sup>, rivaroxaban 15 mg QD and dabigatran 75 mg b.i.d. are included in the United States Food and Drug Administration approved labelling based on limited dose pharmacokinetic and pharmacodynamics data with no clinical safety data. We suggest consideration of the lower dose of apixaban 2.5 mg PO b.i.d. in CKD G5/G5D to reduce bleeding risk until clinical safety data are available.

<sup>d</sup>Dabigatran 75 mg available only in the USA.

<sup>e</sup>The dose was halved if any of the following: estimated CrCl of 30–50 mL/min, body weight of  $\leq 60$  kg, or concomitant use of verapamil or quinidine (potent P-glycoprotein inhibitors).

# Upcoming OAC Clinical Trials in ESRD

- **VKAs vs no oral anticoagulation**
  - AVKDIAL (NCT02886962)
- **Apixaban vs VKAs in ESRD**
  - RENAL-AF (NCT02942407)
  - AXADIA (NCT02933697)
- **Left Atrial Appendage occlusion vs VKAs in CKD stages 4 and 5**
  - WatchAFIB (NCT02039167)



***Thank you !***